

World Mental Health Day 世界精神健康日

This World Mental Health Day, we invite students, teachers, and staff to join in building an inclusive campus year-round.



Date: 7-8 Oct 2026 (Wed & Thu)

Time: 11:00-16:00

Venue: 5/F Lobby, HKBU Shek Mun Campus

Event Highlights:

- Explore the Mental Health Platform
- Interactive Booths

